

First Narrows Resumes Mineral Resource Estimate Drilling on Chester Feeder Deposit

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Objective: Continued delineation of the high grade copper-polymetallic resource potential

FSC / Press Release

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Vancouver, British Columbia CANADA, January 26, 2007 /FSC/ - First Narrows Resources Corp. (UNO - TSX Venture, FNRWF - OTCBB), ("First Narrows" or "the Company") is pleased to announce that it has resumed drilling on the Chester Copper-Polymetallic Feeder Deposit for the purpose of completing a NI 43-101 qualifying mineral resource estimate.

The focus of this phase of the program is to continue the delineation of the higher grade copper-polymetallic mineralization of the feeder deposit by extending the drilling to the north, as well as up dip to the east, and down dip to the west. A further +100 diamond drill holes will be required to develop the initial NI 43-101 Inferred and Indicated mineral resource estimation of the eastern, near surface, portion of the deposit.

The Company would like to acknowledge that the 2006 phase of the NI 43-101 qualifying mineral resource estimate **drilling program was funded in part by MineralFields Group through a private placement.** Highlights from the analytical results previously released from the 2006 drilling include:

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HOLE C-06-022 UTM Collar Coordinates - 5219925N, 710168.75E; dip vertical

From m	To m	Length m	Length ft	Cu (%)
19.83	44.86	25.03	82.1	3.43

HOLE C-06-020 Collar Coordinates - 5219912.5N, 710175E; UTM Grid, NAD83, dip vertical

From m	To m	Length m	Length ft	Cu (%)
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	6.00	39.00	33.00	108.3	2.91
Includes:	16.00	36.30	20.30	66.6	4.37

HOLE C-06-025 Collar Coordinates - 5219925N, 710162.5E; UTM Grid, NAD83, dip vertical

	From m	To m	Length m	Length ft	Cu (%)
-----	22.70	47.30	24.60	80.7	3.96

HOLE C-06-027 Collar Coordinates - 5219950N, 710162.5E; UTM Grid, NAD83, dip vertical

	From m	To m	Length m	Length ft	Cu (%)	Pb (%)	Zn (%)
Ag (g/t)							
-----	22.25	27.27	5.02	16.5	0.19	1.75	4.96
	14.27						

The drilling, analytical and surveying programs are being monitored by consultant Robert Sim, P.Geo. and Bruce Davies. Mr. Earnest Brooks, P.Geo., is the Company's Qualified Person on the Chester Project. Mr. Brooks was formerly a Mine Geologist at the Patino Mines Copper Rand Mines Div. in Chibougamau, P.Q, and a mining operations geologist and exploration geologist at the BMS mines, Bathurst, from 1975 to 1990.

Chester Copper-Polymetallic Feeder Deposit

The copper-polymetallic feeder deposit is an east-west trending gently west plunging cigar shaped deposit within an alteration zone approximately 75 meters (246 ft.) or more in thickness and greater than 200 meters (656 ft.) in width. It extends west of the current planned drilling area for more than 1 kilometer (>3,280 ft.). At the east end it lies close to surface and at the western extent of the company's drilling it is more than 400 meters (1,320 ft.) below surface. The copper-polymetallic mineralization within the feeder deposit varies from low to high grade.

About First Narrows Resources Corp.:

First Narrows Resources Corp. (TSX-V: UNO) is a Canadian based mineral exploration company whose corporate strategy is to develop overlooked and undervalued mineral properties that offer near term production potential. The Company is rapidly moving its 100%-owned Chester Project in the Bathurst Mining Camp forward to NI 43-101 mineral resource estimate and conceptual mine design status. For more information visit:

www.uno.ca

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ON BEHALF OF THE BOARD OF DIRECTORS
"Peter K. Gummer"
Peter K. Gummer, President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the contents herein. This news release may contain certain forward-looking statements that involve a number of known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in our forward-looking statements. Further, a forward-looking statement speaks only as of the date on which such statement is made. We seek safe harbor.

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